



YOUTH RIGHT NOW

How kids and teens are feeling about their mental health, their potential in the workforce, and their safety and success in an increasingly digital world.

Each year, Boys & Girls Clubs of America surveys Club kids and teens across the nation. Youth Right Now features survey results from **more than 100,000 Boys & Girls Club members ages 9-18** – to our knowledge, the largest private data set in the youth-serving sector.

There is a youth mental health crisis.

With the pandemic exacerbating a decade-long rise in youth mental health concerns, it's more important than ever that young people have safe, nonjudgmental adults they feel comfortable approaching about tough topics.



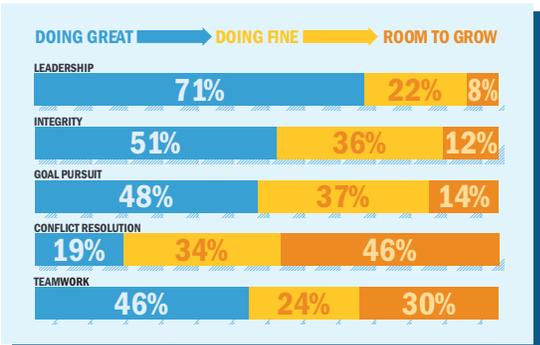
- **90%** of youth are able to recognize the emotions they are feeling.
- **90%** understand how their feelings influence their actions.



- **71%** of youth say when something important goes wrong in their life, they can't stop worrying about it.
- When something does go wrong, they try to keep people from finding out (**67%**).

Today's youth have the drive to be successful in the workforce and inspire positive change as leaders.

They're confident in themselves and their capabilities, but in a post-pandemic and 24/7 online world, kids and teens need to build essential soft skills like collaboration and conflict resolution.



94% of youth say they can work with people who are different than them.

At Boys & Girls Clubs, **about half** of high school-aged youth with work experience say they secured the opportunity through their Club.

Our digital world poses threats to youth safety, self-esteem and relationship building.

Just as social skills are impacted by an increasingly digital world, so is youth safety – with fewer youth reporting cyberbullying than in-person bullying.



88% of youth feel they can stand up for what they think is right, even if their friends disagree.



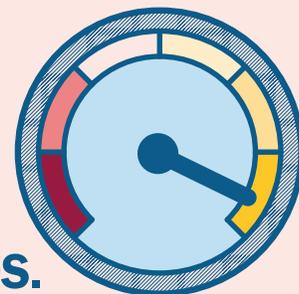
Youth are **16%** less likely to tell an adult when they are electronically bullied versus in-person.

A LIFELONG IMPACT...

Compared to the general adult population, **BOYS & GIRLS CLUB ALUMNI** are more satisfied with their lives:

- emotional/physical wellbeing
- careers
- financial health
- sense of community
- & hope for what their

FUTURE HOLDS.



Learn more and get involved at BGCA.org/YouthRightNow.